

PARENTS PERMIT AND HEALTH QUESTIONNAIRE ATHLETICS 2004-2005

This form must be completed, signed, and returned to the school each year before the student will be permitted to PRACTICE or PLAY.

Name of Student _____ Date of Birth _____
Month / Day / Year
Grade Level _____

Saint Paul Public School regulations provide that any student who intends to participate in Junior High Athletics MUST HAVE ON FILE IN THIS SCHOOL A RECORD OF A SATISFACTORY PHYSICAL EXAMINATION PERFORMED BY A PHYSICIAN WITHIN THE PREVIOUS THREE YEARS. THE PHYSICAL REPORT MUST STATE THAT THE STUDENT IS PERMITTED TO PARTICIPATE IN ATHLETICS. More frequent examinations may be required. The student above has this record on file.

Yes _____ No _____ If Yes, Date of Physical _____

Each parent or guardian should check with the school nurse to verify the above response.

CIRCLE ONE

The following questions **MUST** be answered by the parent or guardian:

1. Has the student been hospitalized since the above physical examination?
Yes _____ No _____
3. Has the student had a major injury since the above physical examination?
Yes _____ No _____
4. Has the student been found to have only one of usually paired organs?
(example: only one kidney, or one eye)
Yes _____ No _____
5. Has the student been knocked unconscious at any time within the past 12 months?
Yes _____ No _____
6. Has the student required medication on a daily or episodic routine?
Yes _____ No _____
6. Are the student's vaccinations up to date and on file in the school?
(This includes a Tetanus Booster needed every ten years)
Yes _____ No _____
7. Do you know of or believe there are any health reasons why this student should not participate in athletics?
Yes _____ No _____

If Yes why: _____

(Please complete the other side)

I, _____ the Parent or Guardian of, _____
Grant permission for the following:

- A. Participation in all Junior High athletics for the 2003-2004 school year.
- B. Participation in athletic activities both here at Ramsey and off campus sites as well. (District Busses are provided for all games, but some practices require the students to walk up to 1 mile)

I also understand that the above mentioned student must refrain from practice or play during medical treatment until he/she is discharged from treatment, or given written clearance by the attending physician to resume participation.

To the best of my knowledge all the information provided above is accurate and true.

Date _____ Signed _____
(Parent or Guardian)

Athletic Information and Guidelines:

1. **All students must turn in this form completed and signed before tryouts begin.**
2. **Physical exams must be verified before a student steps onto the field or court.**
3. **Students must pay a non refundable \$5.00 Equipment / try-out fee upon signing up for a particular sport.**
(This fee stays with the school for upkeep and purchase of equipment)
4. Once the final team is selected, there is a \$15.00 district participation fee.
(This fee is waived for those students who qualify for free/reduced lunch.)
5. Student athletes are expected to maintain satisfactory standing in their academic classes and demonstrate exemplary behavior in school. Progress will be monitored by both coaches and teachers.
6. Each sport season is generally 8 weeks long and meets every day after school until approx. 4:30 or 5:00. Students are responsible for their own transportation home.
7. All home and away games start at 3:30, except when the opponent is Monroe which begins at 4:00. Games generally conclude between 4:45 and 5:15.
8. On game dates, all Players must either ride the school provided bus, or be released by the coach to a parent or guardian. Students may walk or ride with someone else only if the coach is given prior written approval.
9. Students arriving to school after 10:30 or who are absent may not practice or play in a game that day.

Complete schedules for each sport along with district eligibility requirements are available on the Districts athletic web site. The address is www.stpaulathletics.org
Go to Junior High athletics.

If you have any further questions please contact:

Joe Miske, Athletic Director

Phone: 293-8860 ext. 1070

Email: joseph.miske@spps.org